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## **MEDIA RELEASE**

### **A New Home in the Community That Promotes Healthy Living & Ageing**

- New care facility to enrich and expand the suite of aged-care services in the community -

Singapore, 12 August 2017 – Ren Ci Hospital’s new nursing home in the heartland of Teck Ghee, Ang Mo Kio will support the demand for healthcare services in the community as a result of our ageing population. A half-day open house will be held at Ren Ci @ Ang Mo Kio on Saturday, 12 August 2017 from 9am to 1pm, to provide a preview of the new facility that focuses on quality of life and psycho-social needs of the elderly.

Themed “Healthy Living, Ageing Well”, the open house will include a line-up of activities for seniors and families. Celebrity Chef Mr Eric Teo will be hosting a cooking demonstration using the kitchenette in the home, which is structurally designed to promote independent living and social interaction via the household cluster-living concept. Within the Senior Care Centre (SCC) co-located in the home, Ren Ci’s therapists will be conducting seated exercise using elastic resistive bands. Other activities include tour of facilities, as well as art and craft with our nursing home residents.

Ms Loh Shu Ching, Chief Executive Officer of Ren Ci Hospital, said, “This new nursing home in the community mirrors Ren Ci’s other home at Bukit Batok St. 52. The facility features no boundaries to enable sharing of space with residents of Teck Ghee. The SCC, which started operation on 1 August 2017, will provide daycare and rehabilitation services, putting it in line with the Health Ministry’s push to integrate related services that would help support ageing-in-place.”

The open house celebrates the completed construction of this 11-storey, new 472-bed nursing home, which is designed to provide greater privacy and allow the residents more autonomy and dignified living in a space-efficient way.

Over this month and the next, close to 200 residents from Ren Ci Nursing Home (Moulmein) located in Jalan Tan Tock Seng will move to the new home.

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For media enquiries, please contact:

John Tang  
Corporate Communications  
DID: 6355 6402  
Email: [john\\_tang@renci.org.sg](mailto:john_tang@renci.org.sg)

Pearlie Wong  
Corporate Communications  
DID: 6355 6401  
Email: [pearlie\\_wong@renci.org.sg](mailto:pearlie_wong@renci.org.sg)

## About Ren Ci Hospital

Established since 1994, Ren Ci Hospital is one of the few charity healthcare institutions in Singapore to provide high quality and affordable medical, nursing and rehabilitative care services for the community, based on the principles of loving kindness and compassion. Ren Ci plays an integral role in supporting the healthcare needs of the elderly through adopting holistic way of delivering person-centred care.

Besides giving hope to the frail elderly by helping overcome their disabilities and teaching their families to care for them at home, Ren Ci also partners various community groups and social enterprises to give dignity back to the elderly.