

GOING BEYOND

REN CI QUARTERLY NEWSLETTER



Ren Ci 仁慈

Nov - Dec 24

ISSUE 58

CHARITY
TRANSPARENCY
AWARDS & CHARITY
GOVERNANCE
AWARDS 2024

PRESENTATION OF SPECIAL COMMENDATION AWARDS REN CI HOSPITAL



Charity Transparency Award & Charity Governance Award

Ren Ci has been accorded the Charity Transparency Award (CTA) consistently since the inception of the award, and our streak remains unbroken as we received our seventh CTA in a row on 14 November 2024.

In addition to the CTA, Ren Ci was also awarded the Charity Governance Award - Special Commendation for Clarity of Strategy!

Charities with exemplary practices in particular areas of governance will be conferred special commendation as part of the Charity Governance Award platform.

As there is usually only one community care organisation awarded per special commendation category, we were especially honoured to have been recognised at this platform.

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The Editor

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If you have any contributions, comments or feedback, please get in touch with us.

“

Receiving the Charity Governance Award - Special Commendation for Clarity of Strategy, and the Charity Transparency Award is testament to Ren Ci's commitment to good stewardship and ethical practices. We are honoured to be recognised for our efforts to build trust with our stakeholders. The awards would not have been possible without the contribution of each and every member of the Ren Ci family. Together, we are committed to continue upholding high standards of transparency and governance, to serve our beneficiaries with heart and hope.

”

Mr Seow Choke Meng
Chairman, Ren Ci Hospital



Tan Chin Tuan Nursing Award for Enrolled Nurses

In a first for Ren Ci, Senior Enrolled Nurse (SEN) Khin Lay Nwe was awarded the Tan Chin Tuan Nursing Award for Enrolled Nurses (Merit) on 21 November 2024! With just 12 finalists this year, the Award honours outstanding Enrolled Nurses who are committed to advancing the nursing profession and represents the pinnacle of distinction for Enrolled Nurses.

SEN Khin has spent 13 years in nursing. She views challenges as opportunities to grow, and is constantly willing to learn, whether by adapting to new technology or improving her conversational skills with her patients. Seeing her patients get better under her warm and compassionate care is the ultimate reward for her.

“The primary motivation for me is witnessing the positive impact that I can have on my patient's health and well-being. The opportunity to make a meaningful difference in people's lives is a significant driving force behind my dedication to nursing. Recognising the crucial role I play in patients' lives, particularly during vulnerable times, inspires me to consistently deliver my best efforts,” she shared.



*SEN Khin Lay Nwe with Ren Ci Chief Nurse, Madam Kuttiammal

Promising Social Worker Award

Ren Ci Medical Social Worker Louisa Bielig was awarded the Promising Social Worker Award (PSWA) 2024! The Award was introduced in 2008 and accords recognition to Social Workers who are newer in the field but have nonetheless made a difference in the lives of their clients as well as the community.

Louisa joined Ren Ci in 2017, and has been impacting the lives of our residents, clients, their loved ones and caregivers since.

She has co-led multiple programmes such as the Get Active initiative for nursing home residents, which promoted a healthy lifestyle by encouraging residents to participate in exercises and activities in exchange for prizes and rewards. She also started regular dementia care training sessions for domestic care workers, who accompany clients to our senior care centres, upon realising that they were unsure as to how to best support the seniors at home and outside of the centre.

Louisa is a team player who works closely not only with the Psychosocial Services team but also other departments such as the Rehabilitation team. She leads a spiritual support group for Christian residents, and even managed to make the dreams of two of our residents come true by helping them get tickets to attend Pope Francis' Papal Mass when he came to Singapore!

In addition to being awarded the Promising Social Worker Award, Louisa also received the Healthcare Humanity Award in 2024 for her contributions.



Vegetarian Food Fiesta 2024

We successfully held our 20th iconic Vegetarian Food Fiesta at Ren Ci Community Hospital on 10 November 2024, with hundreds of supporters coming together to shop, eat and do good!

It was incredibly heartwarming to see everyone come together. The Vegetarian Food Fiesta has undergone many changes since its first iteration two decades ago, held at Suntec City. Foo Hai Ch'an Monastery had also kindly hosted our event for several years. During COVID-19, we even had to pivot to online sales. This year, we had over 80 stalls selling vegetarian food, snacks, drinks, dry good, handmade crafts and other merchandise. Our warmest thanks go out to our Board, sponsors, donors, stall holders, volunteers, staff and everyone who joined us and helped us exceed our fundraising target! Together, we raised \$280,000 for our seniors.

This year's event was a true testament to community spirit, connecting us with the dedicated individuals who have been supporting Ren Ci since the very beginning, while also welcoming new passionate stallholders. Everyone came together with a shared purpose: to raise vital funds for Ren Ci. Thank you for making a difference!

Nicholas See
Fundraising & Partnerships, Ren Ci Hospital



REN CI
VEGETARIAN
FOOD FIESTA 2024

仁慈素食会

日期 • Date
2024年11月10日 (星期天)
10 November 2024 (Sunday)

时间 • Time
上午八点半至下午四点
8.30am to 4pm

地点 • Venue
仁慈社区医院
Ren Ci Community Hospital
71 Irrawaddy Road
Singapore 329562

主办 Organised by: Ren Ci 仁慈

Donations will go towards patient care at Ren Ci Hospital.

For enquiries, please contact 任何询问, 请联系: Tel 电话: 6355 6554 Email 电邮: fundraising@renci.org.sg

Vegetarian Food Fiesta 2024



Back to the 90s

Held once every five years, our staff and volunteers took this opportunity to let their hair down and celebrate at our Ren Ci Staff & Volunteer Appreciation Dinner!

The theme of the night was Back to the 90s, and our staff and volunteers definitely understood the assignment as colourful clothes, boyband tunes and group dances filled the night. With over 900 staff and volunteers in attendance, the atmosphere was electrifying and we even had impromptu dances breaking out!

We also gave out our Long Service Awards to honour our staff and volunteers for their dedication. Our longest serving staff member,

Mdm Yeo Seoh Pheng

has been with us for 29 years! Equally as amazing, 3 volunteers have been with us for 30 years, throughout Ren Ci's entire lifetime as an organisation. The 3 volunteers are:

Mr Ho Seng Yuen (Compassion Group)

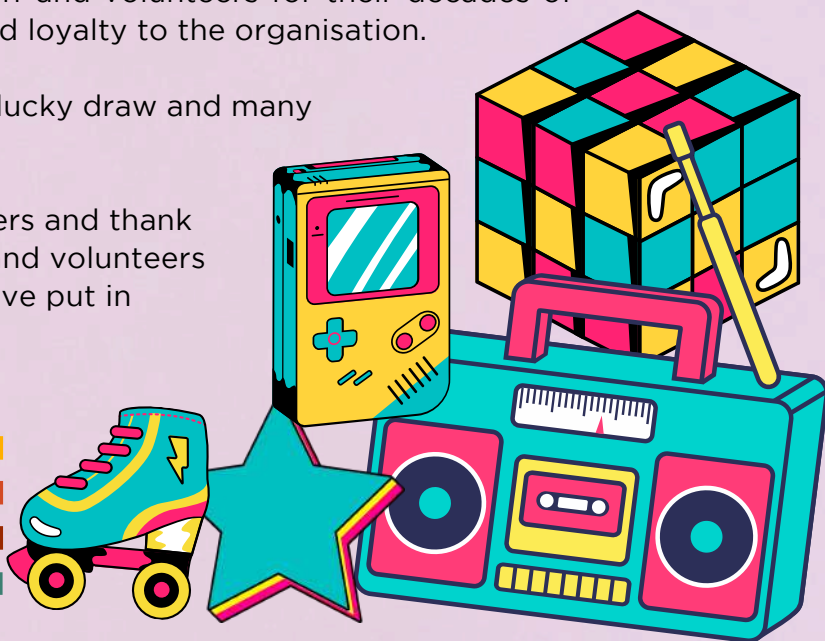
Mdm Choo Sai Kiew (Benevolence Group)

Mr Ng Hock Chuan (Volunteer Leader & Community Engagement Committee Member)

We are grateful for our staff and volunteers for their decades of dedication, commitment and loyalty to the organisation.

We ended the night with a lucky draw and many exciting prizes were won.

Congratulations to all winners and thank you once again to all staff and volunteers or all the hard work they have put in through the years!





Faith in the Face of Illness

By Mr Melvin Koh (辜锦福), Ren Ci Volunteer

Melvin and his family are regular volunteers with Ren Ci. He has been volunteering with us since May 2024. Over time, he has come to know our residents and their stories. One of them is Mdm Yuen Lai Chu, whose faith inspired him to write and share this story.

When I first met Mdm Yuen at Ren Ci @ Ang Mo Kio, I found her attending a piano lesson. She was energetic and radiant, with jet-black hair that had never been dyed. She responded to questions clearly and thoughtfully, not at all like most 83-year-olds I know. I soon discovered her deep and unwavering faith, and learnt about her remarkable story.

She had learnt about Buddhism in her late 20s, and had gone on a pilgrimage to India which profoundly moved her. She developed a deep belief in the Pure Land school of Buddhism. This faith supported her through her first diagnosis with late-stage leukaemia in her 50s. Although she had no fear of death, Mdm Yuen accepted treatment when she saw her mother's tears and sorrow.

A second blow was dealt to Mdm Yuen when she was diagnosed with lung cancer in 2018. This time, she was determined not to undergo treatment and instead chose to receive palliative care. After 11 months passed, her illness showed no signs of progression. Her doctors expressed their surprise and discharged her from the hospice, with her specialist even calling her story "a miracle".

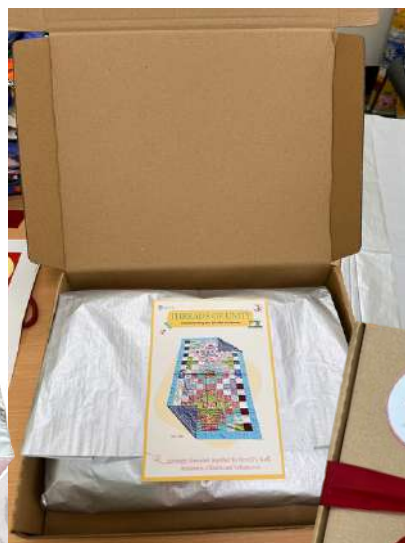
Since then, Mdm Yuen has remained steadfast in her faith, spending over two hours a day reciting scriptures and chanting Buddha's name. She remains fearless in the face of death, instead accepting its inevitability with calmness and maintains her clarity of mind. Her attitude when facing her serious diagnoses is truly inspirational, and I am grateful to have met her and learnt from her.

Threads of

UNITY

As part of Ren Ci's 30 Years of Heart and Hope celebrations, our staff took the lead on a project to bring our seniors, staff and volunteers together to make 30 patchwork blankets.

Patchwork blankets were chosen as a symbol of love, bonding and warmth. Crafted through collective efforts, the patchwork blankets further serve as a symbol of community and collaboration, making them wonderfully meaningful gifts for their recipients. From conceptualisation and designing to production and eventual sales, the entire process took exactly a year and raised \$3,200 for Ren Ci!



陈振传护理奖 – 注册护士类别

仁慈医院首次获得陈振传护士奖（注册护士类别）的殊荣！高级注册护士Khin Lay Nwe于2024年11月21日荣获该奖项的优异奖。该奖项旨在表彰在推动护理事业发展方面做出杰出贡献的注册护士。这也是注册护士领域的最高荣誉。今年仅有12位决赛入围者。

在护理行业积累了13年丰富经验的Khin Lay Nwe将挑战视为成长的契机，无论是适应新技术还是提升与患者的沟通能力，她始终保持着学习的热情。看到患者在她的护理下逐渐康复让她很有成就感。

她表示：“我最大的动力是看到自己对患者健康与福祉的积极影响。能够在他人生命中产生有意义的改变，是我投身护理行业的驱动力。意识到自己在患者生命中扮演的重要角色，尤其是在他们脆弱的时候，激励着我始终全力以赴。”

我们为Khin Lay Nwe感到无比自豪，并感谢她用关怀和奉献诠释了护理的真谛！



2024年杰出社工奖

仁慈医院的医疗社工Louisa Bielig荣获2024年杰出社工奖。该奖项自2008年设立旨在表彰表现出色的医疗社工。

Louisa于2017年以医疗社工身份加入仁慈医院，对院友、客户及其家属和看护者带来了深远的影响。她领导了多个创新项目，例如动起来项目，旨在鼓励疗养院院友通过参与各种运动和活动来赢取奖品，并推广健康的生活方式。此外，她还发起了定期失智护理培训，为陪同客户前往日间护理中心的外籍帮佣提供支持，帮助他们更好地在家中及中心外照顾长者。

Louisa也与心理社会服务团队和复健部等其他部门紧密合作，领导一个专为基督徒院友设立的灵性支持小组。她甚至帮助两名院友实现梦想，协助他们获得参加罗马天主教教宗方济各在新加坡举行的弥撒活动。

除了获得杰出社工奖Louisa还因其贡献荣获2024年医疗仁心奖，以表彰她在医疗领域的努力与奉献。我们为Louisa感到自豪，并感谢她在仁慈大家庭的无私奉献精神！



仁慈百纳被

为欢庆仁慈30年“爱与希望”的旅程，仁慈的员工发起了一项特别的项目，邀请我们的年长者、员工和义工共同参与制作30条拼布被子或俗称“百纳被”。这些拼布被子象征着爱、联系与温暖。通过大家的共同努力，这些拼布被子不仅体现了团结的精神，也成为了社区合作的一个象征，一份极具意义的礼物。该项目从概念设计到制作，再到最终的销售，整个过程持续了一年，也成功为仁慈医院筹集了三千两百新元的善款！



仁慈素食会

仁慈医院于2024年11月10日在仁慈社区医院成功举办了标志性的素食会。活动吸引了数百名支持者齐聚一堂，在共同购物及享用美食的同时一起行善！今年的活动汇聚了超过80个摊位，销售素食食品、小吃、饮品、干货、手工艺品及其他商品。我们衷心感谢仁慈董事会成员、赞助商、捐赠者、摊主、义工、员工以及所有与会者，正因为有你们的支持，我们超越了筹款目标！活动共筹得28万元善款，并将用于帮助我们的长者。



回到90年代 仁慈员工与义工慰劳晚宴

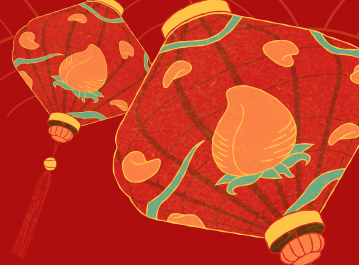
每五年举办一次的仁慈员工与义工慰劳晚宴为我们的职员与义工提供了一个互相交流、尽情放松、欢庆的机会！今年的主题是 - 回到90年代，我们的员工和义工们完美地展现了这个主题。五彩斑斓的服装、经典的男团音乐，以及群体舞蹈点燃了整个夜晚。超过900名员工与义工参与，现场气氛热烈，甚至还出现了即兴载歌载舞的热闹场景！

在晚宴上，我们还颁发了“长期服务奖”，以表彰员工和义工们的奉献精神。我们服务时间最长的员工 - 杨小萍女士已在仁慈医院效力长达29年！更令人敬佩的是，3位义工已伴随仁慈走过了整整30年，贯穿了仁慈整个发展历程。他们分别是：

- 俞星银先生（慈悲组）
- 邱玺侨女士（仁义组）
- 黄福全先生（义工领袖兼社区互动委员会成员）

晚宴的尾声是大家最期待的幸运抽奖环节，许多参与者赢得了令人兴奋的奖品。恭喜所有的幸运得主！我们也由衷感谢每一位员工与义工，多年来为仁慈付出的辛勤努力和心血！我们对大家数十年的奉献、坚持与忠诚深表感激。





超越无限



Ren Ci 仁慈

仁慈季刊

2024年11月-12月

第58期



CHARITY
TRANSPARENCY
AWARDS & CHARITY
GOVERNANCE
AWARDS 2024

PRESENTATION OF CHARITY TRANSPARENCY AWARDS REN CI HOSPITAL



七度蝉联 慈善团体透明度奖

仁慈医院自慈善团体透明度奖设立以来，已连续获得该奖项。我们在2024年11月14日再次获得慈善理事会的表彰，蝉联我们的第七个慈善团体透明度奖，延续了我们的卓越成就。

除了慈善团体透明度奖外，仁慈医院还获颁慈善团体监管奖 - 特别表彰。慈善理事会向在特定治理领域表现卓越的慈善机构颁发特别表彰。仁慈是唯一获得此特别表彰的社区护理组织之一，为此深感自豪。

仁慈主席萧作鸣先生表示：“获得慈善透明奖和慈善团体监管奖，充分体现了仁慈医院对良好管理和道德实践的承诺。我们为与所有利益相关者建立起来的信任的努力感到骄傲。这一个成就离不开每一位仁慈家庭成员的贡献。我们将继续以高标准的透明度和治理原则，全心全意为我们的受益者服务，传递希望与关爱。”

仁慈编辑

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此季刊由仁慈医院企业通讯部编辑。我们欢迎您的反馈和宝贵意见。