



Ren Ci 仁慈

## BCLS + AED Provider Course (Refresher)

The Basic Cardiac Life Support and AED Certification course aims to equip participants with knowledge and skills to provide basic life support in a medical emergency situation. Upon successful completion, participants will receive a BCLS+AED certification (with two years validity) accredited by the Singapore Resuscitation and First Aid Council.

### COURSE DETAILS



Dates	Session
5 September 2025	AM or PM



**AM session: 8am to 12pm (4 hours)**  
**PM session: 1pm to 5pm (4 hours)**



#### Learning Objectives

At the end of the course, you will be able to:

- Explain the chain of survival.
- Demonstrate CPR on adult and infant casualties.
- Demonstrate the use of AED correctly.
- Demonstrate manoeuvre to dislodge foreign bodies for conscious and unconscious adult and infant casualties.



#### Method

- Demonstration and hands-on practical experience



#### Course Fees

\$126.61 (before GST)



#### Prerequisites

- Prior reading completed of the SRFAC CPR+AED Provider Manual.
- Must be physically fit to assist others in emergencies.
- Must be medically fit with no conditions affecting joints, spine, or respiratory system; consult a doctor if unsure.
- Pregnant individuals are advised to defer training or consult a doctor for fitness confirmation.
- Required to hold a valid BCLS+AED certificate with no more than 3 months to expiry.



#### Key Trainers

Chief instructor and instructors who are certificated by Singapore Resuscitation and First Aid Council.



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