![Ren Ci 仁慈]

CPR + AED Course

The Cardio Pulmonary Resuscitation and AED Certification course aims to equip participants with knowledge and skills to provide cardio pulmonary resuscitation in a medical emergency situation. Upon successful completion, participants will receive a CPR + AED certification (with two years validity) accredited by the Singapore Resuscitation and First Aid Council.

COURSE DETAILS

Dates	Session
5 September 2025	**AM or PM**

🕐 **AM session: 8am to 12pm**

PM session: 1pm to 5pm

📖 Learning Objectives

At the end of the course, you will be able to:
- Explain the chain of survival.
- Demonstrate CPR on adult casualties.
- Demonstrate the use of AED correctly.
- Demonstrate manoeuvre to dislodge foreign bodies for conscious adult.

🖥️ Method
- Demonstration and hands-on practical experience.

📇 Key Trainers

Chief instructor and instructors who are certificated by Singapore Resuscitation and First Aid Council.

💰 Course Fees
$126.61 (before GST)

👤 Prerequisites
- Prior reading completed of the SRFAC CPR+AED Provider Manual.
- Must be physically fit to assist others in emergencies.
- Must be medically fit with no conditions affecting joints, spine, or respiratory system; consult a doctor if unsure.
- Pregnant individuals are advised to defer training or consult a doctor for fitness confirmation.