

# Important precautions with common conditions during rehabilitation

Across the various community settings, different groups of care staff are involved in conducting simple exercises and rehabilitative activities with the clients. This course will provide basic knowledge on important precautions to take note of during the conducting of exercises and rehabilitation activities for some common medical conditions. Conditions included are: post surgical hip replacement, stroke and Parkinson's disease. Knowledge, application of and adherence to these precautions are essential for care staff to safely engage clients in their exercises and rehabilitation activities.

## **COURSE DETAILS**



23 Jun 2025 9 am to 1 pm



#### **Learning Objectives**

- Basic understanding of different medical conditions
- Precautions that need to be taken when seeing the clients for rehabilitation
- Strategies that you can take to manage some symptoms e.g. shortness of breath, pain



#### **Course Fees**

\$229.36 (before GST)

CCTG funding is eligible for 90% funding for Singaporean/Singapore Permanent Resident (PR) and 45% funding for foreigner.



#### Who Should Attend

Health care staff involved in the care of older adults in setting such as centre based services, home therapy, nursing homes and AAC



### Method

Online





