

BCLS + AED Provider Course (Refresher)

The Basic Cardiac Life Support and AED Certification course aims to equip participants with knowledge and skills to provide basic life support in a medical emergency situation. Upon successful completion, participants will receive a BCLS+AED certification (with two years validity) accredited by the Singapore Resuscitation and First Aid Council.

COURSE DETAILS

Dates	Session
13 November 2025	AM or PM

- AM session: 8am to 12pm (4 hours) PM session: 1pm to 5pm (4 hours)
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Learning Objectives

At the end of the course, you will be able to:

- Explain the chain of survival.
- Demonstrate CPR on adult and infant causalities.
- Demonstrate the use of AED correctly.
- Demonstrate manoeuvre to dislodge foreign bodies for conscious and unconscious adult and infant causalities.

🕖 Method

Arerequisites

- Prior reading completed of the SRFAC CPR+AED Provider Manual.
- Must be physically fit to assist others in emergencies.
- Must be medically fit with no conditions affecting joints, spine, or respiratory system; consult a doctor if unsure.
- Pregnant individuals are advised to defer training or consult a doctor for fitness confirmation.
- Required to hold a valid
- Demonstration and hands-on practical experience

BCLS+AED certificate with no more than 3 months to expiry.



Sey Trainers

Chief instructor and instructors who are certificated by Singapore Resuscitation and First Aid Council.







