



Ren Ci 仁慈

CPR + AED Course

The Cardio Pulmonary Resuscitation and AED Certification course aims to equip participants with knowledge and skills to provide cardio pulmonary resuscitation in a medical emergency situation. Upon successful completion, participants will receive a CPR + AED certification (with two years validity) accredited by the Singapore Resuscitation and First Aid Council.

COURSE DETAILS



Dates	Session
13 November 2025	AM or PM



AM session: 8am to 12pm
PM session: 1pm to 5pm



Learning Objectives

- At the end of the course, you will be able to:
- Explain the chain of survival.
 - Demonstrate CPR on adult casualties.
 - Demonstrate the use of AED correctly.
 - Demonstrate manoeuvre to dislodge foreign bodies for conscious adult.



Method

- Demonstration and hands-on practical experience.



Key Trainers

Chief instructor and instructors who are certificated by Singapore Resuscitation and First Aid Council.



Course Fees
\$126.61 (before GST)



- Prerequisites**
- Prior reading completed of the SRFAC CPR+AED Provider Manual.
 - Must be physically fit to assist others in emergencies.
 - Must be medically fit with no conditions affecting joints, spine, or respiratory system; consult a doctor if unsure.
 - Pregnant individuals are advised to defer training or consult a doctor for fitness confirmation.

