




Ren Ci 仁慈

## CPR + AED Course

The Cardio Pulmonary Resuscitation and AED Certification course aims to equip participants with knowledge and skills to provide cardio pulmonary resuscitation in a medical emergency situation. Upon successful completion, participants will receive a CPR + AED certification (with two years validity) accredited by the Singapore Resuscitation and First Aid Council.

### COURSE DETAILS

	<table><tr><th>Dates</th><th>Session</th></tr><tr><td>15 October 2025</td><td>AM or PM</td></tr></table>	Dates	Session	15 October 2025	AM or PM
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15 October 2025	AM or PM				

 **AM session: 8am to 12pm**  
**PM session: 1pm to 5pm**

#### Learning Objectives

- At the end of the course, you will be able to:
- Explain the chain of survival.
  - Demonstrate CPR on adult casualties.
  - Demonstrate the use of AED correctly.
  - Demonstrate manoeuvre to dislodge foreign bodies for conscious adult.

#### Method

- Demonstration and hands-on practical experience.

#### Key Trainers

Chief instructor and instructors who are certificated by Singapore Resuscitation and First Aid Council.



**Course Fees**  
\$126.61 (before GST)



- Prerequisites**
- Prior reading completed of the SRFAC CPR+AED Provider Manual.
  - Must be physically fit to assist others in emergencies.
  - Must be medically fit with no conditions affecting joints, spine, or respiratory system; consult a doctor if unsure.
  - Pregnant individuals are advised to defer training or consult a doctor for fitness confirmation.

