



DISSOLVING CHALLENGING BEHAVIOUR

Behaviour is only a problem if we perceive it as one. While everyone expresses themselves differently, we often interpret the behaviour of persons living with dementia through a unique lens. For those living with dementia, behaviour can be a form of communication, often reflecting unmet needs. As caregivers, it is essential to look beyond the behaviour to understand the person and address these needs. By doing so, we can help ease challenging behaviours and create a more supportive environment.

COURSE DETAILS

	23 January 2026	24 July 2026
	20 March 2026	25 September 2026
	29 May 2026	27 November 2026

 **Course Duration**
9am -5pm (1 Day)

Learning Objectives

- Understand a person behind the challenging behaviour using the Enriched Model of Care
- Able to apply the PIECES – ABC framework to identify unmet needs and their possible causes
- Able to develop an Individualised Care Plan to dissolve challenging behaviour
- Able to use various types of non-pharmacology approach to dissolve challenging behaviour

Pre-requisites

- To complete E-learning prior to course date
- 1 case for discussion during course

 **Course Fees**
\$300.00 (before GST)

 **Method**

- Face to Face
- Group Discussions
- Lecture
- Participants will need to present their group work during case discussion.
- Instructors will review and have a round of consultation with participants' group work during discussion session.

 **Who Should Attend**

- Healthcare workers who take care of Persons living with Dementia and have basic knowledge on Dementia management
- Proficient in the English language

Key Trainers(s)

Marilyn Pearl D/O David, *Assistant Nurse Clinician, Bachelor of Science (Honours) Nursing*
Ms Marilyn has been a preceptor since 2009. She has attained full certification in WSQ Advanced Certificate in Learning and Performance (ACLP).

Varadhan Arivazhagi, *Senior Nurse Clinician, Masters in Dementia Study, Certified Basic user Dementia Care Mapping, Bachelors in Nursing*. Ms. V.Ariva has more than 25 years of experience in nursing and more than 20 years of experience in Dementia Care. She provides support and training for the health care staff in the scope of Dementia Care for more than 15 years. She has attained full certification in WSQ Advanced Certificate in Learning and Performance (ACLP).