



Ren Ci 仁慈



Facilitating Group Activities

Group activities are important engagement tools that are used in many settings. Predominantly, day care, active ageing centres and nursing homes utilized group activities to encourage participation and socialization. Group activities that are well facilitated are able to achieve more therapeutic objectives. In this course, participants are able to learn the considerations when facilitating group activities and the different strategies to do so. Participants would be able to practice how to facilitate a group activity through demonstration and role play.

COURSE DETAILS



29 and 30 June 2026
9 am to 5 pm



Learning Objectives

- Describe the different types of group activities
- Differentiate between physical, cognitive and social goals
- Explain the key principles in facilitating a group activity
- Modify activity according to the varying needs of older adults
- Facilitate a group activity which adheres to group activity principles



Course Fees
\$1000 (excl.GST)



Who Should Attend

Health care staff involved in the care of older adults in setting such as centre based services, home therapy, nursing homes and AAC



Method

Face to Face @ Ren Ci Learning Academy (71 Irrawaddy Road, Singapore 329562)



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