

# Introduction to Strategies to Engage People with Cognitive Impairment

This course is designed to help participants to understand the common behaviours exhibited by older adults with cognitive impairment and develop effective strategies to encourage their participation in activities. It will focus on equipping participants with practical knowledge of common challenging behaviours and basic techniques to manage them. Participants will also explore strategies to create meaningful and engaging interactions that enhance the quality of life for individuals with cognitive impairment.

## **COURSE DETAILS**



21 Jul 2026 9 am to 5 pm



#### **Learning Objectives**

- Understand the common behaviours associated with cognitive impairment in older adults
- Recognise challenging behaviours and their potential triggers
- Apply basic strategies to manage and respond to challenging behaviours effectively
- Create supportive and inclusive environments to encourage participation and interaction



### **Course Fees**

\$550 (excl GST)



#### **Who Should Attend**

Health care staff involved in the care of older adults in setting such as centre based services, home therapy, nursing homes and AAC



#### Method

Online





