

Performing Beyond: Conducting Cognitively Stimulating Activities

In this workshop, participants will learn about cognitive decline and dementia, the benefits of cognitive stimulation and how to engage their clients in cognitively stimulating activities. Participants will engage in discussions and hands-on practices on conducting reminiscence therapy and reality orientation, as well as planning and conducting cognitively stimulating activities with their clients, using common items found at their workplace.

COURSE DETAILS



21 September 2026
9 am to 5 pm



Course Fees
\$550 (excl GST)



Learning Objectives

- Participants will be able to explain the benefits of cognitively stimulating activities with clients
- Participants will be able to conduct reminiscence therapy and reality orientation with their clients as prescribed by therapists
- Participants will be able to plan and conduct cognitively stimulating activities with their clients as prescribed by therapists



Who Should Attend

Health care staff involved in the care of older adults in setting such as centre based services, home therapy, nursing homes and AAC



Method

Face to Face @ Ren Ci Learning Academy (71 Irrawaddy Road, Singapore 329562)

A collaboration with Tan Tock Seng Hospital. Organised by Ren Ci Learning Academy and CAPE.

