



Understanding Cognition and Identifying Cognitive Impairment

This course provides healthcare professionals with the foundational knowledge to differentiate between normal cognitive aging and cognitive impairment in older adults. Participants will learn to identify signs and symptoms of cognitive decline by observing how older adults perform daily tasks and through the application of cognitive screening tools. The course aims to equip learners with the skills to support early detection and enhance the quality of care for older adults.

COURSE DETAILS



24 Feb 2026
9 am to 5 pm



Course Fees
\$500 (excl GST)



Learning Objectives

- Understand the principles of cognitive function and the impact of aging on cognition.
- Differentiate between normal aging and cognitive impairment.
- Recognise the signs and symptoms of cognitive impairment in older adults through behavioural and task observations.
- Gain knowledge of various cognitive screening assessments and their practical applications.



Who Should Attend

Health care staff involved in the care of older adults in setting such as centre based services, home therapy, nursing homes and AAC



Method

Face to Face @ Ren Ci Learning Academy (71 Irrawaddy Road, Singapore 329562)