

GOING BEYOND



REN CI QUARTERLY NEWSLETTER

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A New Chapter of Leadership at Ren Ci

Ren Ci enters 2026 with a leadership transition as Dr Jamie Mervyn Lim completed his secondment on 18 January 2026 and returned to NHG Health. Stepping into the role is A/Prof Yong Keng Kwang, who officially became our Chief Executive Officer on 19 January.

A/Prof Yong brings with him over 25 years of leadership experience in clinical operations, system transformation and workforce development. His experience will guide Ren Ci into its next phase as the organisation continues strengthening community care capabilities and supporting Singapore's evolving healthcare landscape.

Join us in extending our heartfelt gratitude to Dr Lim for his leadership and warmly welcome A/Prof Yong as he takes the helm of the Ren Ci for the next leg of our journey.

The Editor

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If you have any contributions, comments or feedback, please get in touch with us.

Good Food Meeting Good Purpose @ Ren Ci Vegetarian Food Fiesta



On 9 November, we hosted the 2025 Vegetarian Food Fiesta featuring over 70 stalls of delicious vegetarian food, dry goods and merchandise. Thanks to the incredible support from our Board members, staff, donors, volunteers, sponsors and visitors, we hit our fundraising target and raised over \$280,000 to support our seniors!





Life in Motion: Senior Care Centre Sports Day



On 30 Oct, we held our third edition of our Senior Care Centre (SCC) Sports Day! Over 100 seniors from all four SCCs came together for a day of friendly competition with each other, taking on games like table hockey, ball escape and shooting. Some activities were thoughtfully adapted to suit our seniors' physical abilities, without losing the thrill of the challenge!

Our seniors had been training for months leading up to this day, boosting their mobility, coordination, and confidence along the way. Their hard work paid off as they proved to be a force to be reckoned with, impressing even senior management, whom they competed with in several games, with their outstanding performance.

A big thank you to the SCC Centre Leads for making this event possible, and to the staff, volunteers, and caregivers who supported and cheered on our seniors throughout the day. See you at the next Sports Day for another year of fun, laughter and active living!





Bridging Generations Through Shared Experience

The 11th run of Camp Reconnection, co-organised with NTU Elders, once again brought together university youths and seniors for three meaningful days of learning and connection.

Ren Ci nurses facilitated age-simulation activities using fogged goggles, mobility aids and daily-task stations for experiential learning. Camp attendees were further challenged with performing tasks while facing sensory overload and interruptions, mirroring the lived experiences of persons with dementia.

Our social workers also led a session on dementia and communication, helping attendees glean insights into interacting with persons with dementia. Participants then spent time with our residents, and slowly grew to share conversations, stories and laughter.

Participants gave us extremely positive feedback, saying they found the experience emotional but eye-opening. With a deeper understanding of dementia, they now have greater empathy for seniors – achieving our aim of bridging the gap between generations.



Christmas Came Early for our Chronic Sick Unit (CSU) Residents!

On 25 November, our CSU residents enjoyed a heartwarming Christmas celebration with an outing to the Flower Dome at Gardens by the Bay. This special event was co-organised by the Christian Support Group from the Psychosocial Services Department and a dedicated team of independent volunteers.

Christmas is a season best shared with loved ones, so family members of our CSU residents were specially invited to join in the festivities. As they explored the beautiful landscapes of the Flower Dome, they were guided to reflect on the meaning of Christmas, their blessings and hopes for the future. These reflections were also captured on paper poinsettia flowers, traditional Christmas blooms symbolising joy, love and success, which became cherished souvenirs for residents and their families to commemorate this rare and meaningful outing together.

For Christian CSU residents who could not join the trip, the organisers brought the spirit of Christmas to them by singing them the beloved Christmas carol 'Joy to the World' and offering them prayers. These gestures sparked moments of hope and engagement in our CSU residents. Wishing everyone in our community a merry Christmas!



Healthcare Humanity Awards 2025



Recognising Dedication and Resilience

We are proud to announce that three outstanding members of our team have been recognised with the prestigious Healthcare Humanity Award, a testament to their unwavering dedication, resilience and compassion in delivering exceptional care.

Senior Nurse Manager Lingaraj Prabha Dedication Category

Since joining Ren Ci Hospital in 2007, SNM Prabha has exemplified sustained excellence through her commitment to continuous learning and innovation. Her leadership in transformative initiatives has significantly improved patient outcomes and operational efficiency.

As Senior Nurse Manager, she champions mentorship and knowledge-sharing, playing a pivotal role in projects. Her contributions extend to the extensive ward renovations currently ongoing at Ren Ci Community Hospital.

“Dedication to me means serving with heart, and leading with purpose. Thank you to Ren Ci for the opportunity to shine.”



Principal Medical Social Worker Tan Pei Pei Dedication Category



Across two decades of service, Pei Pei has touched countless lives through her unwavering dedication to holistic care. Her commitment extends beyond patients to their families, offering practical and emotional support during times of crisis.

During the COVID-19 pandemic, Pei Pei spearheaded organisational initiatives while maintaining high standards of clinical care. Her pioneering work in psychosocial interventions reflects her visionary approach to elder care. Through mentorship and capacity-building, Pei Pei has strengthened the foundation of medical social work at Ren Ci.

“The award reminds me that every quiet act of care matters. It is a recognition of my belief that humanity, even in small moments, can mean more to someone than we ever realise.”

Operations Manager Shirley Ong Resilience Category

When faced with an unexpected leadership vacuum, Shirley stepped up, assuming responsibilities beyond her role to ensure business continuity. For a year, she led a team of over 10 staff, managed operations across four locations and navigated manpower challenges – all while dealing with personal health concerns.

Her resilience and calm under pressure inspired colleagues and preserved team morale during a turbulent period. Shirley’s ability to adapt, learn and lead with composure demonstrates the resilience of healthcare professionals at their best.

“I hope that anyone facing challenging times can find the strength within themselves and receive support from those around them to keep moving forward.”



Tan Chin Tuan Nursing Award for Enrolled Nurses



Senior Enrolled Nurse Nang Cho Lay Nwe exemplifies dedication and compassion in Ren Ci's Chronic Sick Unit, where she was among the first enrolled nurses to complete venipuncture training, underscoring her commitment to expanding skills and elevating patient care.

SEN Cho Lay plays an active role in the Trial-Off-Trachy initiative, initiating and implementing care plans that safely wean patients off tracheostomy tubes and advance clinical practice. A lifelong learner, she regularly attends in-service trainings, workshops and conferences to stay current with the latest trends in nursing.

Her professionalism shines through steadfast adherence to hospital guidelines, with performance evaluations and clinical audits consistently affirming her high standards. Above all, her empathy is reflected in the many heartfelt notes from patients and families. For her dedication, compassion and excellence, we are proud to congratulate SEN Cho Lay on receiving this award!



SEN Cho Lay with Ren Ci Chief Nurse Mdm Kuttiamal



Tripartite Alliance Awards 2025



Building an Inclusive Future Together at Ren Ci

Ren Ci was recognised at the Tripartite Alliance Awards 2025, winning accolades for Age-Inclusive Practices and Fair and Progressive Employment Practices. These awards affirmed our commitment to creating a workplace where diversity, equity and inclusion help our workforce thrive.

These are some of our initiatives that clinched us both awards:

- *Flexi Junior Community Care Associate (JCCA) Role*
- *Inclusive Hiring for Persons with Disabilities (PWD)*
- *Age-Neutral Recruitment & Accessible Development*
- *Flexible Work Options*
- *Career Development & Succession Planning*
- *Community of Support and Care Framework*
- *Employee Development & Job Redesign*

Making it Happen

In addition to the two organisational awards, Ren Ci Human Resources and Manpower Development Director Ms Nuryasmin Hannah was a recipient of the Leadership award for Fair & Progressive Employment Practices. As a HR leader in Ren Ci, Yasmin is passionate about fostering a supportive work environment that prioritises employee well-being and played a key role in implementing the initiatives that clinched Tripartite Alliance Awards.



Building a Culture of Service Excellence with Care+

Care+ is Ren Ci's internal awards programme that celebrates staff who deliver exceptional service, based on noteworthy commendations from patients, residents clients and the public. In 2025, we were proud to recognise nine outstanding teams that went above and beyond in providing care!

To honour their efforts, these teams received a beautifully framed note of appreciation featuring their compliments, along with a generous bundle of snacks to share. Together, we will continue to champion service excellence for those we serve!



Care+ @ Chronic Sick Unit (CSU)

CSU staff were praised by Ms G. and her family for their unwavering care for their mother who had been a resident of 10 years. They deeply appreciated the extra support provided during her most challenging times, including her battle with shingles and a bone infection, as well as the thoughtful activities that were organised to enrich her experience.

“... The special outing which Ren Ci arranged for my mother to visit her family temple in November 2018. I was very impressed by the thorough and detailed planning and organisation carried out by Sonia (Medical Social Worker) and her team to ensure her visit proceeded smoothly and safely.” – Ms G.



Care+ @ Woodlands Nursing Home Household 5A

Ms L., the daughter of one of our residents, complimented the staff nurses and community care associates for their strong work ethic and dedication to patients. She particularly highlighted community care executive, Mr James Soh, for his empathy and leadership.

“Mr James Clement Soh stayed back after his office hours to give me a comprehensive introduction to the roles, the facility and the standards expected within the nursing home environment. His words offered comfort and assurance that my mum will be in good hands.” – Ms L.



Care+ @ Day Rehab Centre (Novena)

Our day rehab centre staff received compliments for their friendliness and patience, and for their thoughtful reassurances throughout their clients' treatment journeys.

“I remembered after my surgery in July, my condition deteriorated. Liping and Joseph had to pre-work my treatment plan again. Liping, Yu Xuan and Neo demonstrated their concerns and encouragement to me.” – Ms L.

“Through the months of physio guidance, I have improved steadily in my balance, walking and gracefully gaining my confidence. Smile and be happy. Have a blessed day. I love you. Thank you!” – Ms C.

仁慈素食会温情满溢， 圆满成功

仁慈素食会圆满成功！在11月9日，我们举办了2025年仁慈素食会，现场设有超过70个摊位，提供美味的素食、干粮和商品。感谢我们的董事会成员、员工、捐赠者、义工、赞助商和访客的大力支持。我们成功筹集了超过28万新元，用于支持我们的年长者！



仁慈医院为慢性疾病病患 提前点亮圣诞

11月25日，仁慈的慢性疾病病患前往滨海湾花园远足，度过了一场温馨的圣诞庆祝活动。此次特别活动由心理社会服务部的基督教支持小组（Christian Support Group）与一群热心的独立义工共同组织。

圣诞节是一个与至亲好友共度的佳节，因此我们特别邀请了慢性疾病病患的家属一同参与庆祝。在游览花穹如画的美景时，大家在引导下一同思考圣诞节的真谛，分享心中的恩典以及对未来的展望。这些感悟被记录在纸质的一品红上——这种传统的圣诞花卉象征着喜悦、爱与成功。这些手作感言也成为了病患及其家属珍贵的纪念品，用以纪念这次难得且意义非凡的共同远足。

对于无法参与此次外出的病患，团队将圣诞精神带到了他们身边，通过演唱深受喜爱的圣诞颂歌《普世欢腾》并为他们祈祷。这些举动为我们的慢性疾病病患带来了希望与互动的时刻。祝愿社区里的每一个人圣诞快乐！



温暖守护赢得患者衷心赞誉

高级助理护士 Nang Cho Lay Nwe 充分体现了仁慈医院慢性疾病病房（Chronic Sick Unit）的敬业与仁心。她是首批完成静脉穿刺培训的助理护士之一，彰显了她不断精进技能、提升患者护理水平的决心。

Cho Lay护士在Trial Off Trachy计划中发挥了积极作用，通过启动和实施护理计划，安全地帮助患者脱离气管切开插管，推动了临床实践的进步。作为一名终身学习者，她定期参加内部培训、研讨会和会议，以紧跟护理领域的最新趋势。

她严谨遵守医院准则，其专业精神在绩效评估和临床审核中屡获肯定。最重要的是，她的同理心赢得了患者及其家属的广泛赞誉，收到了许多感人至深的感谢信。

凭借她的奉献精神、怜悯之心和卓越表现，我们为Cho Lay护士感到无比自豪，并衷心祝贺她荣获此奖项！



乐动身心，乐享时光 第三届乐龄护理中心运动会

10月30日，仁慈举办了第三届的乐龄护理中心运动会！来自仁慈四所乐龄护理中心的100多位年长者齐聚一堂，展开了一场友好的竞技比赛，挑战了包括桌面冰球、小球逃脱和射击在内的多项游戏。部分活动经过贴心调整，以配合年长者的体能状况，但又不失挑战的快感！

为了迎接这一天，年长者们在过去几个月里一直积极训练，并在过程中提升了行动力、协调性与自信心。他们的努力没有白费，在比赛中展现出了不容小觑的实力；在与高级管理层进行的几场切磋中，他们出色的表现更是让管理层留下了深刻印象。

衷心感谢各乐龄护理中心主管促成此次盛事，同时也感谢全天在场支持并为年长者加油打气的所有员工、义工和看护者。让我们相约下一届运动会，再次共享欢乐、笑声与充满活力的乐龄生活！



启航新征程！

仁慈医院完成领导层换届

仁慈医院在迈入2026年之际迎来了重大的领导层交替。林世权博士于1月18日返回国立健保集团。接任执行总裁一职的是杨庆光副教授，他于1月5日加入仁慈担任候任执行总裁，并于1月19日正式就职。

杨副教授在临床运营、系统转型和人才发展方面拥有超过25年的领导经验。随着仁慈医院不断加强社区护理能力并支持新加坡不断演变的医疗体系，他的丰富经验将引领仁慈迈向新阶段。



让我们一同衷心感谢林世权博士的卓越领导，并热烈欢迎杨庆光副教授执掌仁慈，开启我们新一段征程。

仁慈医院：携手共建包容未来

仁慈医院荣获2025年劳资政联盟奖（Tripartite Alliance Awards），在“乐龄包容实践”以及“公平与进步就业实践”方面获得肯定。这些奖项肯定了我们致力于营造一个多元、公平和包容的职场环境，助力员工蓬勃发展。以下是让我们荣获这两项殊荣的部分举措：

- 初级社区护理助理（Flexi JCCA）弹性职位
- 残障人士（PWD）包容性招聘
- 年龄中立招聘与无障碍发展
- 职业发展与接班人计划
- 社区支持与关怀框架
- 员工发展与工作重新设计

除了获得两项机构奖项外，仁慈医院人力资源与人才发展总监Nuryasmin Hannah女士也荣获了“公平与进步就业实践”领导力奖。作为仁慈的人力资源领导者，Yasmin热衷于营造一个以员工福祉为先的支持性工作环境，并在推行各项举措以助力医院勇夺三方联盟奖（Tripartite Alliance Awards）的过程中发挥了关键作用。



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By submitting this donation form, you agree that we may collect, use and disclose your personal data as provided in or attached to this donation form in accordance with, and for the relevant purposes set out in, our Personal Data Protection Policy (as may be updated from time to time). Please visit our website at www.rencl.org.sg/Personal-Data-Protection for further details on our Personal Data Protection Policy, including the purposes for which your personal data may be disclosed and/or used, how you may access and correct your personal data or withdraw consent to the collection, use or disclosure of your personal data.

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SERVICE WITH HEART AND HOPE

Since the inception of Ren Ci, we have grown to serve over 3,500 beneficiaries annually, with strong support from donors like you. From a single chronic sick unit at the former Woodbridge Hospital, we now operate a community hospital, chronic sick unit, three nursing homes, four senior care centres and an active ageing centre (care). Our comprehensive range of services today include rehabilitation, residential care, palliative care, home care, art and music therapy, training academy and more. None of this would have been possible without you. Your generosity enables us to provide the best care we can for our seniors, allowing them to age with dignity and grace. From the bottom of our hearts, **THANK YOU!**

仁慈医院得益于慷慨捐助者的鼎力支持，我们每年为逾三千五百名年长者提供服务。我们从创立时单一的慢性病患单位发展至今，现在拥有一家社区医院、慢性病患单位、三所疗养院、四家乐龄护理中心和一间活跃乐龄护理中心。我们今天提供的全面服务包括复健、住宅护理、慈怀护理、居家护理、艺术和音乐疗法、培训学院等。没有您的支持，这一切都将是是不可能的。感谢您的慷慨，使我们能够为年长者提供优质的护理服务。仁慈衷心感谢您过去的支持，让我们共同迎接未来三十年和更长时间。



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