

# Advanced TA Skills – Geriatrics and Deconditioning

This course is designed to strengthen the competency of therapy assistants working with older adults experiencing functional decline. It would equip participants with knowledge of age-related physiological changes, common geriatric syndromes and the multifactorial causes of deconditioning. Through a series of interactive lectures, case based discussions and skills practice, participants will learn to support therapists in delivering rehabilitation, optimize engagement and contribute to care plan that improve function and quality of life for older adults.

## COURSE DETAILS

 **29 and 30 Oct 2026**  
**9 am to 5 pm**

 **Learning Objectives**

- Understand normal ageing process and differentiate them from pathological changes affecting function
- Describe the causes, risk factors and consequences of deconditioning
- Recognise common geriatric syndromes and their implications for rehabilitation
- Implement appropriate interventions and the contraindications to therapy

 **Course Fees**  
**\$1000 (incl. GST)**

*CCTG funding is eligible for 90% funding for Singaporean/Singapore Permanent Resident (PR) and 45% funding for foreigner.*

 **Who Should Attend**  
Therapy Assistants with at least 2 years of experience in a community setting

 **Method**  
Face to Face @ Ren Ci Learning Academy (71 Irrawaddy Road, Singapore 329562)