

# Facilitating Group Activities

Group activities are important engagement tools that are used in many settings. Predominantly, day care, active ageing centres and nursing homes utilized group activities to encourage participation and socialization. Group activities that are well facilitated are able to achieve more therapeutic objectives. In this course, participants are able to learn the considerations when facilitating group activities and the different strategies to do so. Participants would be able to practice how to facilitate a group activity through demonstration and role play.

## COURSE DETAILS



**Dates:** 29 and 30 June 2026

**Time:** 9 am to 5 pm



### Method

Face to Face



### Learning Objectives

- Describe the different types of group activities
- Differentiate between physical, cognitive and social goals
- Explain the key principles in facilitating a group activity
- Modify activity according to the varying needs of older adults
- Facilitate a group activity which adheres to group activity principles



### Course Fees

\$1000 (excl.GST)



### Who Should Attend

Health care staff involved in the care of older adults in setting such as centre based services, home therapy, nursing homes and AAC



### Registration

For registration, please click on this [link](#) for the form and send to [rcla@renci.org.sg](mailto:rcla@renci.org.sg) or scan the QR code.

