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# GOING BEYOND

Ren Ci 仁慈

REN CI QUARTERLY NEWSLETTER

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## Official Opening of Woodlands Hospice

Patients now have greater access to compassionate, holistic end-of-life care in the north, with the official opening of Woodlands Hospice, Singapore's first public hospital-charity hospice collaboration.

The official opening of Woodlands Hospice took place on 3 August, marking a significant milestone in Singapore's palliative care landscape. Health Minister Ong Ye Kung, friends and partners graced the occasion, coming together to celebrate how healthcare providers, community organisations and volunteers can come together to ensure that every person receives compassionate, dignified care in life's final chapter.

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If you have any contributions, comments or feedback, please get in touch with us.



*From left: Mr Joe Sim, Mr Neo Kah Kiat, Dr Chua Thian Poh, Mr Lim Hang Chung, Mr Joe Hau, Minister Ong Ye Kung, A/Prof Yong Keng Kwang, Ms Jennie Chua, Mr Seow Choke Meng, Dr Kenny Sim and Mr Neo Sing Hwee*

Jointly operated by Ren Ci Hospital and Woodlands Hospital, in collaboration with Cheng Hong Welfare Service Society (CHWSS), Woodlands Hospice brings together the strengths of healthcare, community care and volunteerism under one integrated model. Located within the same building as Ren Ci @ Woodlands nursing home, the hospice aims to provide seamless, person-centred care for patients while supporting families and caregivers throughout the end-of-life journey.

The hospice began operations on 1 July 2026 with 16 beds, and there are plans to progressively expand to up to 70 beds in the coming years. As the operating partner, Ren Ci draws on its decades of experience in caring for patients and seniors with compassion and dignity through a multidisciplinary approach. Woodlands Hospital provides clinical governance, specialist palliative care expertise and access to acute hospital services, while CHWSS contributes significant community support, including a commitment of $6 million over six years to strengthen care for patients and families.







A key strength of Woodlands Hospice is its integrated care model. By sharing the same electronic medical record system as Woodlands Hospital, patients can be transferred more seamlessly between the two facilities when required. The hospital's palliative care team also extends its support into the hospice, ensuring continuity across the care journey and reducing the need for unnecessary hospital readmissions. This close collaboration allows patients to access specialist consultations, investigations and hospital services while continuing to receive care in a more home-like hospice environment.

To build a community of care, volunteers from Ren Ci Hospital, Woodlands Hospital and CHWSS work alongside care teams. Together, they provide companionship, befriending, horticulture activities, support during outdoor outings and even help fulfil patients' last wishes.
















Single-bed Room


Common Ward



Sensory Room


Smart Bedside System


Activity Area


Quiet Room


Garden Corner



Staff Board

# Ren Ci Achieves Enabling Mark (Gold) for Inclusive Hiring

Ren Ci Hospital has been awarded the Enabling Mark (Gold), a national-level accreditation framework by SG Enable that benchmarks and recognises organisations for their best practices and outcomes in disability-inclusive employment, a recognition of our continued commitment to building a workplace where everyone can thrive.

> Inclusive hiring is about more than creating jobs, it is about fostering a culture of respect, belonging and equal opportunity. We remain committed to building a workplace where people of all abilities can thrive.



**Ms Nuryasmin Hannah,**
**Head of Human Resources, Ren Ci Hospital**



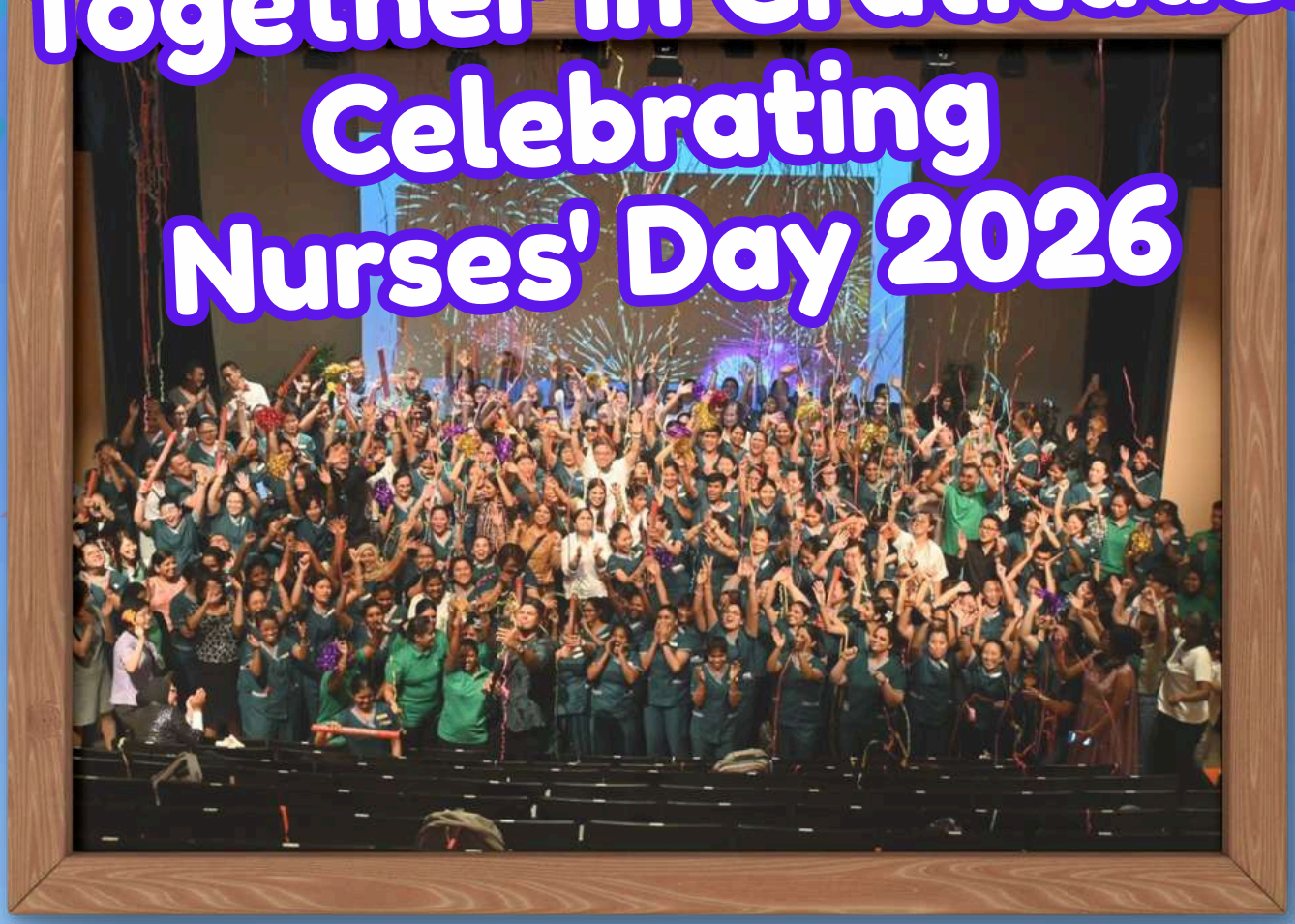
Our inclusive hiring journey began in 2018 with two Cleaning Assistants at Ren Ci @ Ang Mo Kio nursing home. Since then, the number has steadily grown across our facilities. Today, Ren Ci employs 17 persons with disabilities across our facilities, with many having started Work Experience Programmes as students with us before transitioning into regular employment. Through partnerships with organisations such as APSN, MINDS and Autism Resource Centre, we have created pathways for students and job seekers with disabilities to gain valuable workplace experience and build meaningful careers.

Beyond hiring, Ren Ci is committed to supporting employees every step of the way. Practical accommodations like flexible work arrangements, customised job scopes, simplified training materials, one-on-one guidance and dedicated buddies help employees succeed.

Managers, buddies and HR teams participate in disability inclusion training to better understand and support the needs of employees with disabilities, fostering a culture of respect, compassion and belonging.

Ren Ci will continue on our inclusive hiring journey, championing diversity and empowering people of all abilities to contribute meaningfully and reach their full potential.

# Together in Gratitude: Celebrating Nurses' Day 2026



Nurses from across Ren Ci's facilities gathered for a joyful Nurses' Day celebration, taking time to recognise the dedication and compassion they bring to resident and patient care every day.

The afternoon featured a welcome address by our CEO and Chief Nurse, a celebratory cake-cutting, buffet lunch, staff performances, award presentations and a video competition that showcased the creativity and camaraderie of our nursing teams. A special performance by the Nurse Managers also delighted the audience.









A highlight of the event was the Nurse-for-a-Day montage, which followed Ren Ci Board members as they stepped into the shoes of our nurses, gaining first-hand insight into the challenges, skills and heart required in the profession. The moving tribute served as a powerful reminder of the invaluable contributions our nurses make every day.

As the celebration came to a close, nurses left with a renewed sense of pride and appreciation, united in their shared commitment to delivering compassionate, person-centred care.








# Learning the Art of Meaningful Connection






Our volunteers recently took part in a Namaste Care workshop, an opportunity to learn a gentle, person-centred approach that supports the comfort, dignity and emotional well-being of persons living with advanced dementia.

Conducted by Senior Nurse Clinician Ariva, the workshop introduced volunteers to meaningful ways of connecting with residents through sensory engagement, calming activities and compassionate presence. Participants shared that they gained valuable insights and practical skills, with several expressing interest in helping to facilitate future Namaste Care sessions.

Part of Ren Ci's commitment to volunteer development, the workshop is one of a series not only equips volunteers to better support residents but also allows them to pick up new skills and experiences they may not otherwise have had the opportunity to explore. We are encouraged by the positive response and look forward to working with our care staff to bring regular Namaste Care sessions to residents in the future!

# Art, Cats and Newfound Confidence

Ten residents from Ren Ci @ Ang Mo Kio recently enjoyed a memorable outing to Wildflower Studio for a unique art jamming session with cats, accompanied by our dedicated volunteers.

The session was filled with laughter, creativity and plenty of cuddles as residents interacted with the friendly feline companions while working on their canvas paintings. While a few residents initially insisted, "I can't draw!", a little encouragement soon helped them discover their artistic side.

By the end of the session, everyone was proudly admiring their creations, proving that creativity has no age limit. More importantly, it was heartwarming to see residents grow in confidence, express themselves freely and create joyful memories together.

From furry friends to colourful masterpieces, the outing was a wonderful reminder that trying something new can be both rewarding and fun.



# INTER-AAC READING CHALLENGE

Reading took centre stage at Ren Ci AAC (Care) @ Bukit Batok St. 52 from 6 September to 7 October 2026 as seniors participated in the Inter-AAC Reading Challenge under the Read SG movement. Together, they clocked 828 fifteen-minute reading engagements, making the AAC one of the first three centres to surpass the challenge target of 600 engagements.



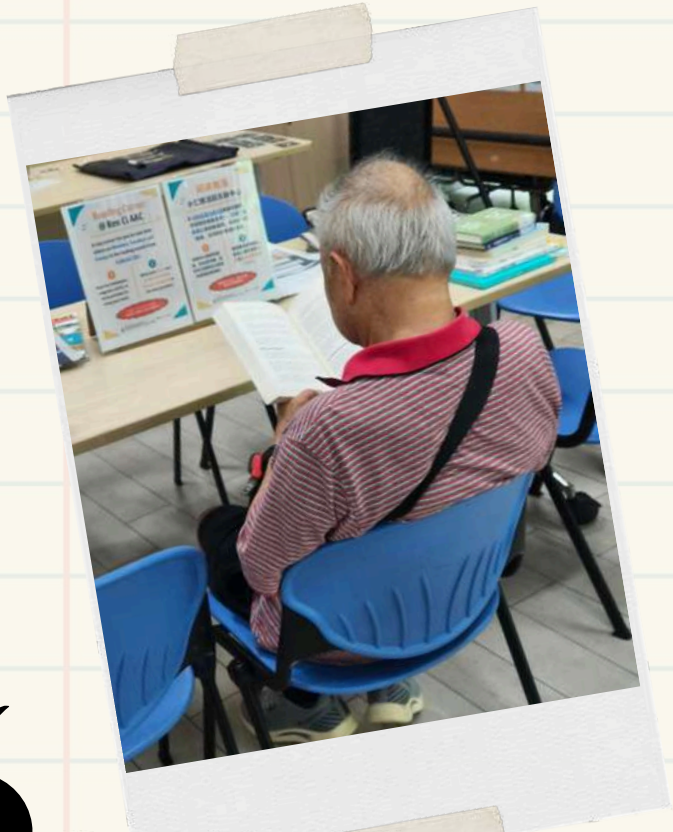


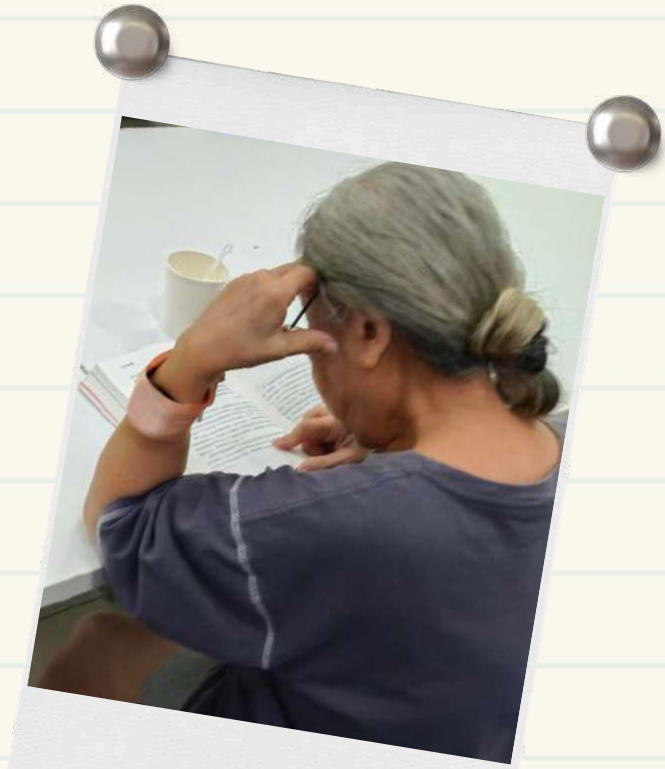
To support the challenge, the AAC organised both group and individual reading activities throughout the month. Group reading sessions were conducted during communal dining, turning reading into a social and interactive experience. Articles on topics ranging from local history to health and technology sparked lively discussions, with seniors sharing personal perspectives and experiences. One memorable moment occurred during a discussion on dialects, when a usually quiet senior spontaneously sang a few lines of a Hokkien song, bringing smiles to fellow participants.



A programme highlight was a Hawker Food Potluck held during communal dining. Seniors listened to Singapore Siew Dai, a humorous reading on uniquely Singaporean traits and experiences. The stories sparked laughter and conversations from seniors over their favourite hawker foods.

For individual reading, seniors visited the newly renovated Bukit Batok Public Library at the beginning and end of the programme to borrow and return books while familiarising themselves with library resources. A reading corner was also set up at the AAC, offering English and Chinese books alongside newspapers. Newspapers and health-related books proved especially popular, with many seniors spending their free time keeping up with current affairs and learning more about health and wellness.





Participants also shared positive feedback about the reading corner:

“A few good books on the table captured my interest and encouraged me to finish reading them. This was an excellent event and should be organised more often.” – Mdm. P

“I have a passion for reading, so I was happy to take part in this programme.” – Mdm. K

“There are interesting books and air-conditioning. This event is good because it can attract people.” – Mdm. J



# 北部首个临终关怀设施 – 兀兰慈怀疗护中心正式开幕




新加坡首个由公立医院与慈善机构合作设立的兀兰慈怀疗护中心正式开幕，为北部地区的病患提供更全面、贴心且有尊严的临终照护服务。中心于7月1日开始运作并于8月3日由保健卫生部长王乙康为中心主持开幕仪式。

兀兰慈怀疗护中心位于兀兰医院院区内，由仁慈医院，兀兰医院和众弘福利协会联合运营，结合医疗专业、社区资源及义工力量，为病患及家属提供全方位支持。

兀兰慈怀疗护中心目前设有16个床位，并计划逐步把床位增加到70个。仁慈医院负责日常运营及照护服务，兀兰医院提供专科缓和医疗支持，而众弘福利协会则承诺在六年内捐助600万新元，并通过友伴服务、看护者援助、社区外展和其他计划，支持病患和家属。

通过与兀兰医院共用电子医疗记录系统，慈怀疗护中心能够确保病患在医院与中心之间顺畅转介，让病患在温馨、舒适的环境中获得持续且专业的照护。

**凝聚社区力量，传递温暖**

来自三家机构的义工也将通过陪伴、园艺活动、户外活动及协助病患实现最后心愿，为病患带来关怀与慰藉。兀兰慈怀疗护中心体现了医疗与社区携手合作的力量，让每一位病患都能在爱、尊重与关怀中，安然走过人生最后一程。

# 心怀感恩，共庆2026年护士节



仁慈医院旗下各设施的护理人员齐聚一堂欢庆2026年护士节，感谢大家一直以来以爱心与专业精神，为病患及院友提供无微不至的照护。庆祝活动精彩纷呈，包括执行总裁及护理总监致辞、切蛋糕仪式、自助午餐、员工表演、颁奖典礼及创意短片比赛。护士经理们的特别演出更为现场增添欢乐气氛。活动的一大亮点是"一日护士"短片，记录仁慈董事会成员亲身体验护理人员的日常工作，深入了解护理工作的挑战与付出，向默默奉献的护理团队致敬。庆祝活动在温馨欢乐的气氛中圆满结束，也让护理人员再次感受到身为护士的骄傲与使命感，继续携手以爱心、尊重和专业精神，为每一位病患及院友提供以人为本的优质照护。

# 用心陪伴，建立有温度的连结

仁慈医院的义工近日参加了"合十护理Namaste Care"关怀照护工作坊，学习如何通过温和、以人为本的方式，为晚期失智症院友带来舒适、尊严与心灵慰藉。

工作坊由高级临床护士Ariva主持，指导义工运用感官刺激、舒缓活动及温暖陪伴，与院友建立更深层的情感连结。参与者不仅掌握了实用技巧，也有义工表示愿意协助日后开展相关活动。

作为仁慈医院义工培训计划的一部分，工作坊不仅提升义工的照护能力，也让他们有机会学习新技能、累积宝贵经验。

我们期待未来与护理团队携手，定期为院友举办"合十护理"活动，让更多院友感受到关爱与温暖。



# 仁慈医院荣获金级别包容残障就业标志

仁慈医院荣获新加坡协助残障者自立局（SG Enable）颁发的金级别包容残障就业标志（Enabling Mark Gold）认证，表彰仁慈在推动残障人士就业、落实共融雇佣措施及营造友善职场环境方面的卓越表现。这项殊荣不仅肯定了仁慈多年来致力于促进多元共融的努力，也彰显了仁慈持续为不同能力人士创造平等就业机会、协助他们发挥潜能的坚定承诺。



# 艺术与萌猫相伴，画出自信与欢乐

仁慈宏茂桥疗养院的10位院友在义工陪同下，前往 Wildflower Studio参加别开生面的猫咪绘画体验活动，度过充满创意与欢笑的美好时光。

活动中，院友一边与可爱的猫咪互动，一边发挥创意，在画布上创作属于自己的作品。起初，有些院友直说：“我不会画画！”但在义工的鼓励下，大家逐渐建立信心，勇敢尝试，展现自己的艺术天分。

看着院友们自豪地欣赏自己的作品，脸上洋溢着满足的笑容，再次证明创意不受年龄限制。这次活动不仅让院友体验新事物，更帮助他们建立自信、自由表达自我，在艺术与萌猫的陪伴下，留下温馨而难忘的回忆。



**CONSENT FOR COLLECTION, USE AND DISCLOSURE OF PERSONAL DATA & WITHDRAWAL OF CONSENT**

*By submitting this donation form, you agree that we may collect, use and disclose your personal data as provided in or attached to this donation form in accordance with, and for the relevant purposes set out in, our Personal Data Protection Policy (as may be updated from time to time). Please visit our website at www.renci.org.sg/Personal-Data-Protection for further details on our Personal Data Protection Policy, including the purposes for which your personal data may be disclosed and/or used, how you may access and correct your personal data or withdraw consent to the collection, use or disclosure of your personal data.*

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**All local donations are entitled to 250% tax deduction**

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◯ $200 ◯ $100 ◯ $50 ◯ Other Amount: _____

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◯ Cheque 支票

Cheque No 支票号码: _____

◯ Credit Card 信用卡

◯ Visa
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Card No 信用卡号码: _____

Expiry Date 有效日期: (mm/yy) _____

Name on Card 信用卡姓名: _____

Signature 签名: _____ Date 日期: _____

◯ GIRO 财路

- I/We hereby instruct you to process Ren Ci Hospital's instruction to debit my/our account.
- You are entitled to reject this debit instruction if my/our account does not have sufficient funds and charge me/us a fee for this. You may also at your discretion allow the debit even if this results in an overdraft on the account and impose charges accordingly.
- This authorisation will remain in force until terminated by your written notice sent to my/our address last known to you or upon receipt of my/our written revocation through Ren Ci Hospital

Bank 银行: _____ Branch 分行: _____

Name(s) as in bank account 户口姓名: _____

Bank Account No 户口号码: _____

Contact No 联络号码: _____

Signature 签名: _____ Date 日期: _____

PAYNOW

Use bank app, click "PayNow"
Log in, enter UEN: 201018593M888
Enter donation amount
Enter NRIC/FIN/UEN in reference field for tax deduction
Click "Transfer Now" to make donation

** Tax receipts will be issued upon request for donation below $100.*

**Thank You** for your kind donation

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| Bank | Branch | RCH Account No. | Bank | Branch | Account No. to be debited | RCH Donor's Reference No. |
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| 7 | 339 | 629526161001 | | | | RCH |

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To: Ren Ci Hospital
The Direct Debit Authorisation in respect of the above-mentioned account is hereby REJECTED (pls tick) for the following reason(s):

- ☐ Signature/Thumbprint* differs from Bank's records
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* Please delete where applicable.

Name of Approving Officer _____ Authorised Signature _____ Date _____

Please glue / staple within this area

▲ After applying glue, please fold down the top page first.

# A Journey of Growth and Hope



When Paul was admitted to Ren Ci @ Woodlands nursing home, he never imagined a new chapter of personal growth awaited him. Through Ren Ci's OASIS programme, Paul found the confidence to see himself differently—not defined by his circumstances, but as someone who can continue to contribute and inspire others. The programme strengthened his outlook on life and supported his health journey. Today, he is a constant source of encouragement to his fellow residents.

OASIS helped Paul fulfil aspirations he once thought were out of reach. It gave him the courage to reconnect with his dreams, including enjoying a special date with his wife. A major milestone was his visit to the Singapore University of Social Sciences (SUSS), where he shared his reflections and personal growth with students. Speaking at a university—a place he never expected to be—Paul proved how resilience and opportunity can transform lives. His journey is a heartfelt reminder that it is never too late to discover new possibilities.

OASIS is just one of the programmes Ren Ci runs for those under our care. With your support, we can continue transforming lives and bring comfort, hope and dignity to our seniors every day.

***OASIS (Older Adults Supporting In Sharing) is a programme developed by our Medical Social Workers. The aim is to provide residents with the opportunity to find support and comfort from one another, as they may be experiencing similar challenges in the nursing home setting.***

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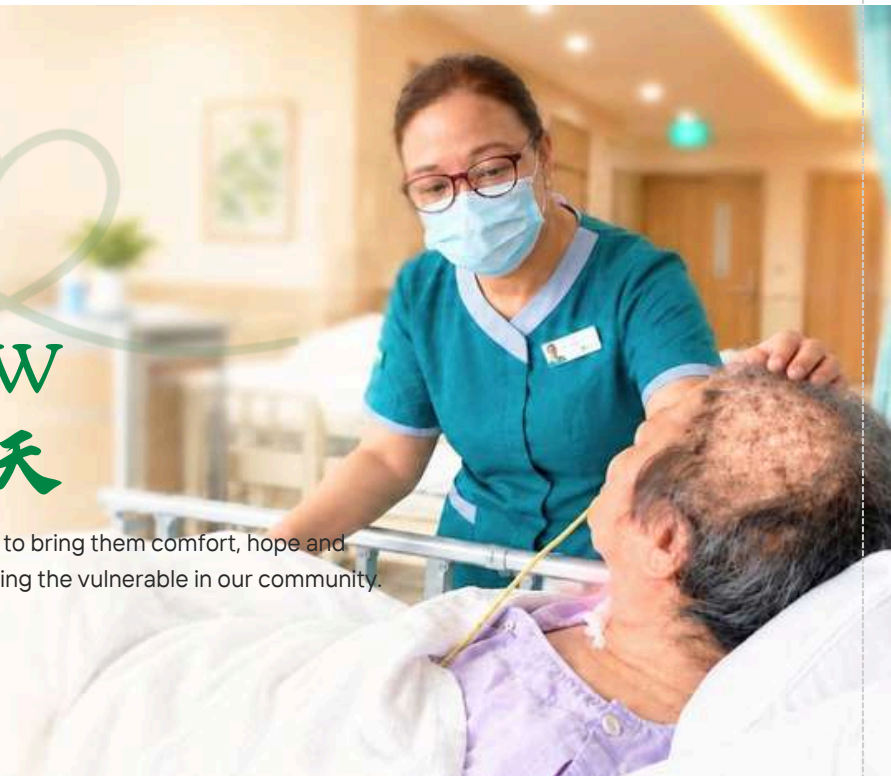
# Your Kindness Their Tomorrow

# 点滴善意，照亮明天



Every day, we journey alongside our patients and residents to bring them comfort, hope and dignity. Your generous support enables us to continue serving the vulnerable in our community.

For every dollar raised in FY25/26
**95 CENTS**
went towards patient and resident care